



Professionally Leading Worldwide Birders

www.costaricabirdingjourneys.org

Personal Security and Public Safety Advice

Theft

This is the most common crime you may encounter in Costa Rica, but can be avoided. There are not many violent crimes, but theft occurs very frequently in touristic areas, especially in the city.

General Advice:

- Always leave your car locked
- Take all valuables out of your car, and/or cover if unable to remove items
- While unloading/loading car at hotels always have one person keeping an eye on belongings
- Don't bring expensive jewelry
- Don't let anyone see how much money you have
- Never set your backpack down and turn away (thieves can be fast)
- Carry backpacks on your front (in city)
- Make a photocopy of your passport and leave the original, your ticket and the bulk of your money in your hotel safe.
- Don't leave money or valuables lying around your hotel room, lock them in the safe (although most hotels will make themselves responsible for internal theft)

Health

Check out the CDC web site to obtain current travel warnings and precautions. Ask your family doctor what he/she suggests.

To stay healthy....

- Σ Wash hands often with soap and water
- Σ Drink only bottled water/avoid ice cubes
- Σ Use insect repellent, especially at dusk and dawn

Traveler's Behavior

As an organized group from different states, countries. We all wish and desire a unforgettable experience in both birding and cultural. No participants shall conduct in unappropriated manner, towards the tour leader, birdguides, drivers, hotels staff or among each other. Costa Rica Birding Journeys will reserve the total right to expluse from part of the tour or the entire trip any participant that will present any improper behavior. No refunds will be given to an ejected participant and any additional expenses are participant's responsibility.